

Hello [Insert School Name] Families,

I wanted to reach out to share our school counseling lesson for 5th grade in the month of February. We read *Stone Soup* by Jon Muth and then created definitions for the fundamental concepts of cooperation before applying those concepts in a real-life cup stacking activity.

Underlying Concepts for Cooperation:

Listen

Share

Take Turns

Compromise

Do Your Part

Show Appreciation

Encourage Others

Make People Feel Needed

Include Everyone (No Excluding)

Our students gave a number of examples in which we are better off when everyone shares such as an expensive encyclopedia versus free Wikipedia, lunch alone versus a potluck style meal, a group project in which many hands make light work. The underpinning of this lesson is to show that when we hold too tightly onto our ideas or possessions, we risk losing out on the magic that can occur when everyone gives freely. I thoroughly enjoyed the ideas and participation of your students during this lesson; I am amazed at how much they have grown and matured since school began.

Warmest regards,

Elishia Basner

School Counselor

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